

































































Child & Youth Resilience Measure-Revised Person Most Knowledgeable version (PMK-CYRM-R)

PMK-CYRM-R (child)

The questions below are designed to help us better understand how _____
copes with daily life and what role the people around them play in dealing with daily challenges.

i. What is your relationship with the person above (mother, father, aunt, teacher, etc.)? _____

To what extent do the following statements apply to the individual? There are no right or wrong answers.

		Not at all [1]	A little [2]	Somewhat [3]	Quite a bit [4]	A lot [5]
1	They cooperate/share with people around them					
2	They believe getting an education or doing well in school is important to them					
3	They know how to behave/act in different situations (like school, home, church or mosque)					
4	They have a parent(s)/caregiver(s) who knows where they are and what they are doing most of the time					
5	They have a parent(s)/caregiver(s) who knows a lot about them (for example what makes them happy, scared, sad)					
6	They have enough to eat at their home when they are hungry					
7	They are fun to be with or that others like to play with them					
8	They talk to their family/caregiver(s) about how they feel					
9	They feel supported by their friends					
10	They feel they fit in at their school					
11	They have a family/caregiver who cares about them when times are hard (for example if they are sick or have done something wrong)					
12	They have friends who care about them when times are hard (for example if they are sick or have done something wrong)					
13	They are treated fairly					
14	They are given chances to show others that they are growing up and can do things by themselves					
15	They feel safe when they are with their family/caregiver(s)					
16	They have chances to learn things that will be useful when they are older (like cooking, working, and helping others)					
17	They like the way their family/caregiver(s) celebrates things (like holidays or learning about their culture)					

For administration instructions and scoring, please refer to the accompanying manual.

When using the measure, please cite the following:

Resilience Research Centre. (2018). CYRM and ARM user manual. Halifax, NS: Resilience Research Centre, Dalhousie University.
Retrieved from <http://www.resilienceresearch.org/>

Jefferies, P., McGarrigle, L., & Ungar, M. (2018). The CYRM-R: a Rasch-validated revision of the Child and Youth Resilience Measure.
Journal of Evidence-Informed Social Work, 1-24. <https://doi.org/10.1080/23761407.2018.1548403>